

Determinants of Midwife Performance on Antenatal Care in Surakarta and Karanganyar, Central Java

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ABSTRACT

Background: A high maternal mortality rate is one of the major health problems in developing countries. Midwives have an important role to reduce maternal mortality rate by looking after a pregnant women and her baby throughout a phase of antenatal care, during labor and birth, and for up to 28 days after the baby has been born. The WHO Expert Committee on Midwifery stated that the competence of the midwife must extend beyond the provision of service at the time of delivery to total antenatal and postnatal care. This study aimed to examine the determinants of midwife performance on antenatal care in Surakarta and Karanganyar, Central Java.

Subjects and Method: This was an analytic observational study with a cross-sectional design. The study was conducted at 25 community health centers in Surakarta and Karanganyar, Central Java, from April to May 2018. A total sample of 200 midwives was selected by simple random sampling. The dependent variable was midwife performance. The independent variables at level 1 of multilevel modeling (MLM) were age, tenure, motivation, knowledge, training, facility, and leadership. Community health center (Puskesmas) was taken as level 2 in the MLM. The data were collected by questionnaire and analyzed by MLM.

Results: Longer tenure ($b= 1.57$; 95% CI= 0.11 to 3.02; $p=0.035$), provision of training ($b=1.92$; 95% CI= 0.45 to 3.40; $p=0.011$), high motivation ($b=1.48$; 95% CI= -0.13 to 3.09; $p=0.072$), better knowledge ($b=1.61$; 95% CI= 0.03 to 3.19; $p=0.046$), facility ($b=1.44$; 95% CI= 0.14 to 2.73; $p=0.030$), strong leadership ($b=1.66$; 95% CI= 0.18 to 3.13; $p=0.028$), and age ≥ 27 years ($b=2.08$; 95% CI= 0.04 to 4.12; $p=0.046$) were positively associated with better performance of midwives. A large portion of variation in midwives performance was determined at Puskesmas level with ICC= 45.78%.

Conclusion: Longer tenure, provision of training, high motivation, better knowledge, facility, strong leadership, and age ≥ 27 years are positively associated with better performance of midwives. Community health center has an important contextual effect on midwife performance.

Keywords: midwife, performance, age, tenure, motivation, training, leadership, community health center

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BACKGROUND

Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) are two of indicators of health development in the National Medium Term Development Plan (RPJMN) 2015-2019 and SDG's in 2015-2030 (Bappenas, 2015). According to the results of the 2015 AKI Population Survey (SUPAS), in Indonesia, there were 305 maternal deaths

per 100,000 live births, which is still quite high compared to the target of SDG's which by 2030 can reach below 70 per 100,000 live births. Maternal and infant deaths are caused by several factors, namely: direct obstetric causes, including bleeding and eclampsia, and indirect causes, such as malaria, HIV, and anemia, which may be worsened during pregnancy. The term

pregnancy-related death includes all deaths during pregnancy, labor, and the postpartum period, regardless of the cause (Hanson et al, 2015).

The direct factors of maternal mortality in Central Java is usually because of bleeding (21.26%), hypertension in pregnancy (27.08%), infections (4.82%), circulatory system disorders (13.29%), metabolic disorders (33%) and other causes (33.22%). Indirect factors causing maternal mortality include lack of access to quality health services, especially timely emergency services, motivated by late recognition of danger signs and decisions, late access to health facilities, and late in getting services in health facilities (Central Java Health Office, 2016).

One of government efforts to suppress MMR and IMR is to bring the health services closer. Community Health Center is a health service facility that organizes public health efforts and individual health efforts of the first level by prioritizing promotive and preventive efforts (Ministry of Health, 2014). One of minimum service standards that must be achieved is health services in pregnant women (Ministry of Health, 2016).

It is known that pregnancy care is very important for the mother because during pregnancy, it aims to monitor and improve the health of mother and fetus. Regular monitoring can detect early complications during pregnancy that affect both labor and childbirth (Yeoh et al, 2016).

The example of causes of maternal deaths in Surakarta in 2016 is that two people died during pregnancy, one died at the time of delivery and one died during the puerperium (Surakarta city health office, 2016).

Midwives have a very important role as primary care providers of maternal health at the most vulnerable time in the

life cycle. Almost every mother-birth experience started from pregnancy was helped by a midwife (WHO, 2014 in Bekru 2017). Midwife performance in Antenatal Care services can be assessed from the achievement of the first visit of pregnancy (K1) and the fourth visit of pregnancy (K4) and the provision of Fe tablet (Dinkes Kota Surakarta, 2016).

The achievement of K1 of Surakarta in 2016 was 93.4% and K4 was 92.7%. Achievement of Fe tablets in pregnant women in Surakarta is only 80.92% (Surakarta City Health Office, 2016). In Karanganyar Regency, the achievement of K1 in 2016 is 93%. The achievement of K4 is 93% and giving Fe tablet equal to 90% and still less than the target of Ministry of Health that is 100% (Central Java Health Office, 2016). The performance of midwives is very influential on the achievement of health services which is expected to have an impact on the improvement of pregnancy service in Surakarta and in Karanganyar Regency.

SUBJECTS AND METHOD

1. Study design

This was an analytic observational study with a cross sectional design. The study was conducted in puskesmas (community health center) in Surakarta and Karanganyar Districts, Central Java, from April to May 2018.

2. Population and sample

The source population was midwife at Surakarta and Karanganyar community health center. A sample of 8 midwives from each puskesmas was selected by simple random sampling. Puskesmas was selected by stratified random sampling.

3. Study variables

The dependent variable was midwife performance. The independent variables were age, employment, motivation, know-

ledge, training, health facility, and leadership.

4. Operational definition of variables

Performance was defined as midwife assessment of the performance of the work in which it is the responsibility of the midwife. The data were collected by questionnaire. The measurement scale was continuous.

Midwife age was defined as the time (year) from the birth to the study was conducted. The data were collected by questionnaire. The measurement scale was continuous.

Tenure was defined as the length of midwife working in puskesmas from the first day of work until the study was conducted. The data were collected by questionnaire. The measurement scale was continuous.

Motivation was defined as midwife motivation to perform ANC. The data were collected by questionnaire. The measurement scale was continuous.

Knowledge was defined as a collection of information and understanding of the respondents about ANC services. The data were collected by questionnaire. The measurement scale was continuous.

Training was defined as a special education that has been followed by officers associated with ANC services. The data were collected by questionnaire. The measurement scale was categorical.

Facility was defined as facility and infrastructure available in accordance with the needs of the implementation of ANC services in Community Health Centers.

Leadership was defined as the midwife assessment of the superior's ability to interpret, supervise and support the implementation of ANC services.

5. Data Analysis

Univariate analysis was conducted to see the frequency distribution and percentage

characteristics of the research subjects. Bivariate analysis was conducted to study the relation between performance of midwife and independent variable using chi-square test and odds ratio calculation (OR) with confidence level (CI) equal to 95%. Furthermore, multivariate analysis was done by a multilevel logistic model.

6. Research Ethics

The research ethics included informed consent, anonymity, confidentiality and ethical clearance. The ethical clearance in this research was conducted at Dr. Moewardi hospital, Surakarta.

RESULTS

1. Univariate Analysis

Table 1 shows that the subjects with less performance consisted of 80 midwives (40%), and those who performed well were 120 respondents (60%). Midwives who have a working period of <3 years were 87 (43.5%), and who have a working period of ≥3 years were 113 midwives (56.5%). Midwives who have never had ANC training are 87 (43.5%), and who have had ANC training were 113 midwives (56.5%). Midwives who have less motivation are 87 (43.5%), and those who have good motivation were 113 midwives (56.5%). Midwives who have less knowledge were 83 (41.5%), and those who have good knowledge were 117 midwives (58.5%).

Midwives who have less ANC facilities are 66 midwives (33%), and those who have good ANC facilities were 134 midwives (67%). Midwives with less leadership assessments were 87 midwives (43.5%), and those who have a good leadership assessment were 113 midwives (56.5%). Subjects with age <27 years were 92 (46%), and midwives with age ≥27 years were 108 (54%).

Table 1. Univariate Analysis

| Variable | n | % |
|----------------------------|-----|------|
| Midwife performance | | |
| Poor | 80 | 40 |
| Good | 120 | 60 |
| Tenure | | |
| <3 years | 87 | 43.5 |
| ≥3 years | 113 | 56.5 |
| Training | | |
| Never | 87 | 43.5 |
| Ever | 113 | 56.5 |
| Motivation | | |
| Weak | 87 | 43.5 |
| Strong | 113 | 56.5 |
| Knowledge | | |
| Low | 83 | 41.5 |
| High | 117 | 58.5 |
| Facility | | |
| Poor | 66 | 33 |
| Good | 134 | 67 |
| Leadership | | |
| Poor | 87 | 43.5 |
| Good | 113 | 56.5 |
| Age | | |
| <27 years | 92 | 46 |
| ≥27 years | 108 | 54 |

2. Bivariate analysis of midwife performance determinant

Bivariate analysis looked at the relationship of independent variables (length of service, training, motivation, knowledge, facilities, leadership, and age) with the dependent variable (midwife performance on ANC services). The result of bivariate analysis can be seen in table 2.

3. Multilevel Analysis

Table 3 showed the result of ICC = 45.78%. This indicator indicated that Community Health Centers in each strata have a contextual effect on the midwives performance variation on ANC service by 45.78%. The number was greater than the standard of thumb size role of 8-10% then the contextual effect of the Community Health Center shown from multilevel analysis was very important to note.

Multivariate effect explained about the effects of more than independent variable which were work period, training, motivation, knowledge, facility, leadership,

and age to one dependent variable that was performance of midwives on ANC service.

There was an effect between midwives working period on midwives performance on ANC services which was statistically significant. Midwives who have a working period of ≥3 years increased the likelihood of having a good performance than midwives who have a working period of <3 years (b= 1.57; 95% CI= 0.11 to 3.02; p= 0.035). There was an effect between training on ANC services which was statistically significant. Midwives who have conducted training increased the likelihood of having a good performance than midwives who have never done the training (b= 1.92; 95% CI= 0.45 to 3.40; p=0.011).

There was an effect between midwives motivation on ANC services which was statistically significant. Well-motivated midwives increased the likelihood of having a better performance than midwives who have lack of motivation (b= 1.48; 95% CI= - 0.13 to 3.09; p= 0.072). There was an effect between midwives knowledge on ANC services which was statistically significant. Midwives who have good knowledge increased the likelihood of having a better performance than midwives with lack of knowledge (b= 1.61; 95% CI= 0.03 to 3.19; p= 0.046).

There was an effect between ANC facilities availability on ANC services which was statistically significant. Midwives who have good facilities increased the likelihood of having a better performance than midwives with lack of facilities (b= 1.44; 95% CI= 0.14 to 2.73; p= 0.030).

There was an effect between leadership on ANC services which was statistically significant. Midwives who have leaders with good leadership increased the likelihood of having a good performance than midwives who have leaders with lack of leadership (b= 1.66; 95% CI= 0.18 to 3.13; p= 0.028).

There was an effect between midwives age on ANC services which was statistically significant. Midwives who were ≥ 27 years old increased the likelihood of having a

better performance than midwives who have a working period of < 27 years ($b = 2.08$; 95% CI= 0.04 to 4.12; $p = 0.046$).

Table 2. The result of bivariate analysis on the determinants of midwife performance

| Independent Variable | Less Performance | | Good Performance | | Total | | OR | 95% CI | p |
|----------------------|------------------|------|------------------|------|-------|-----|-------|----------|--------|
| | n | % | n | % | n=200 | % | | | |
| Tenure | | | | | | | | 7.37 to | <0.001 |
| <3 years | 63 | 72.4 | 24 | 27.6 | 87 | 100 | 14.24 | 29.79 | |
| ≥ 3 years | 17 | 15 | 96 | 85 | 113 | 100 | | | |
| Training | | | | | | | | 2.96 to | <0.001 |
| Never | 54 | 62.1 | 33 | 37.9 | 87 | 100 | 5.48 | 10.14 | |
| Ever | 26 | 23 | 87 | 77 | 113 | 100 | | | |
| Motivation | | | | | | | | 15.81 to | <0.001 |
| Weak | 69 | 79.3 | 18 | 20.7 | 87 | 100 | 35.55 | 79.89 | |
| Strong | 11 | 9.7 | 102 | 90.3 | 113 | 100 | | | |
| Knowledge | | | | | | | | 11.57 to | <0.001 |
| Poor | 65 | 78.3 | 18 | 21.7 | 83 | 100 | 24.56 | 52.12 | |
| Good | 15 | 12.8 | 102 | 87.2 | 117 | 100 | | | |
| Facility | | | | | | | | 6.83 to | <0.001 |
| Poor | 52 | 78.8 | 14 | 21.2 | 66 | 100 | 14.06 | 28.95 | |
| Good | 28 | 20.9 | 106 | 79.1 | 134 | 100 | | | |
| Leadership | | | | | | | | 13.73 to | <0.001 |
| Poor | 68 | 78.2 | 19 | 21.8 | 87 | 100 | 30.12 | 66.07 | |
| Good | 12 | 10.6 | 101 | 89.4 | 113 | 100 | | | |
| Age | | | | | | | | 12.10 to | <0.001 |
| <27 years old | 69 | 75 | 23 | 25 | 92 | 100 | 26.46 | 57.83 | |
| ≥ 27 years old | 11 | 10.2 | 97 | 89.8 | 108 | 100 | | | |

Table 3. The results of multilevel logistic regression analysis on the midwife performance

| Variable | Coefficient (b) | 95% CI | | p |
|----------------------------------|-----------------|-------------|-------------|-------|
| | | Lower limit | Upper limit | |
| Fixed Effect | | | | |
| Tenure | 1.57 | 0.11 | 3.02 | 0.035 |
| Training | 1.92 | 0.45 | 3.40 | 0.011 |
| Motivation | 1.48 | -0.13 | 3.09 | 0.072 |
| Knowledge | 1.61 | 0.03 | 3.19 | 0.046 |
| Facility | 1.44 | 0.14 | 2.73 | 0.030 |
| Leadership | 1.66 | 0.18 | 3.13 | 0.028 |
| Age | 2.08 | 0.04 | 4.12 | 0.046 |
| Random Effect | | | | |
| Community Health Center | 2.78 | 0.58 | 13.38 | 0.006 |
| Var (Constanta) | | | | |
| ICC = 45.78% | | | | |
| Likelihood Ratio Test p = -46.75 | | | | |

DISCUSSION

1. The effect of tenure on midwives performance

The result of analysis showed that there was an effect between working period and

midwives performances. Tenure ≥ 3 years increased the likelihood good performance ($b = 1.57$; 95% CI= 0.11 to 3.02; $p = 0.035$).

The result of this study is consistent with a study by Kustiyati *et al.* (2017),

which stated that working period affected midwives performance in delivery planning and prevention of complications program in Sukoharjo District. Research by Dan *et al.*, (2015) reported a positive relationship between working period and midwives performances in South Minahasa District Health Center.

Gibson (1996) in Handayani (2012) stated that working period or experience affected the performance. Other theory which was in line with this study also stated by Robin (2003), working period showed a positive relationship with someone's work productivity. Working period was a good rationale for employee's productivity. A person who has been working for a long time has a broader perspective and experience that would formed her behavior.

2. The effect of training on midwives performance

The result of analysis showed that there was an effect between training and midwives performances on ANC services which was statistically significant. Midwives who have conducted training increased the likelihood of having a good performance than midwives who have never done the training ($b=1.92$; 95% CI= 0.45 to 3.40; $p= 0.011$).

The result of this study was in line with a study by Mizawati *et al.*, (2016) which stated that midwives who received training had higher performance than midwives who had not received training with a difference of 2 points (95% CI=1.71-2.51) the study was conducted on midwives performance in early detection of malaria during pregnancy in Central Bengkulu District. A study by Aldusary *et al.*, (2018) also stated that there was a significant effect between training and performance. The study used an experimental method where there was a pre-training group of Cardiopulmonary Resuscitation (CPR) and post-training (CPR). Pre-training groups

showed lower results than the post-training group.

3. The effect of motivation on midwives performance

The result of analysis showed that there was an effect between midwives motivation and midwives performances on ANC services which was statistically significant. Well-motivated midwives increased the likelihood of having a better performance than midwives with lack of motivation ($b=1.48$; 95% CI= -0.13 to 3.09; $p= 0.072$).

This study is consistent with a study by Marfu'ah (2016) which stated that midwives who have good work motivation in doing the duties and job responsibilities have the potential to have better performance than midwives who have low motivation with the score: ($b=0.15$; 95% CI= 0.01 to 0.29; $p= 0.035$).

The results of other study showed that motivation has a significant effect on the midwives performance in village in performing the data on maternal and child health book monitoring in Sragen District (Cahyani *et al.*, 2016). Motivation was related to performance because with a high motivation of midwives in Community Health Center, it can motivated the midwives to work better. The motivation of midwives in the Community Health Center was supported by the role of the Community Health Center leader in involving the midwives in the activities carried out by the Community Health Center, giving the midwives an opportunity to move forward, and be accepted and appreciated by the community (Dan *et al.*, 2015).

4. The effect of knowledge on midwives performance

The result of analysis showed that there was an effect between midwives knowledge and midwives performances on ANC services which was statistically significant. Midwives with good knowledge increased the

likelihood of having a better performance than midwives with lack of knowledge ($b=1.61$; 95% CI= 0.03 to 3.19; $p= 0.046$). The result of this study was in line with a study by Kustiyati *et al.*, (2017), which stated that there was a significant relationship between knowledge and midwives performance in monitoring the recording of Health Service Center reporting in the work area of Magelang Health Office.

The result of a study by Korner (2014) showed that there was an effect between knowledge and the performance of medical personnel team. A study by Harmiyati *et al.*, (2016) also showed the result that knowledge affected health personnel performance at Community Health Center in Palembang.

5. The effect of facility on midwives performance

The result of analysis showed that there was an effect between midwives facilities and midwives performances on ANC services which was statistically significant. Midwives who have good facilities increased the likelihood of having a better performance than midwives with lack of facilities ($b=1.44$; 95% CI= 0.14 to 2.73; $p= 0.030$).

Bhatnagar and George (2016) stated that the availability of health equipment affected the high performance of health personnel, health personnel felt more proud and easier in doing their work if they were supported by good facilities.

The result of this study was in line with a study by Wulandari *et al.*, (2017) which stated that facilities and infrastructure affected the performance of village midwives in providing ANC services in Jember District.

6. The effect of leadership on midwives performance

The result of analysis showed that there was an effect between leadership and midwives

performances on ANC services which was statistically significant. Midwives who have leaders with good leadership increased the likelihood of having a good performance than midwives who have leaders with lack of leadership ($b=1.66$; 95% CI= 0.18 to 3.13; $p= 0.028$).

The result of this study was in line with a study by Awases *et al.*, (2013) which stated that performance monitoring by leaders improved the service performance in patients. Al-Ahmadi (2009) also mentioned that leadership behavior has a positive effect on health personnel performance. The reward from a leader can improve work performance or officer performance so that nonfinancial awards were equally important as financial rewards.

A study by Barnes (1992) in Shin (2015) showed good leadership results have a positive effect on Emotional Intelligence and performance. Poor leadership was identified as a cause of poor performance in the health sector (Kuria, 2016).

7. The effect of age on midwives performance

The result of analysis showed that there was an effect between midwives age and midwives performances on ANC services which was statistically significant. Midwives who were ≥ 27 years old increased the likelihood of having a better performance than midwives who have a working period of < 27 years ($b=2.08$; 95% CI= 0.04 to 4.12; $p= 0.046$). Other results indicated that mature age affected the performance (Sheard, 2009).

8. The effect of health center levels on midwives performance

The results of this study showed that the variation of performance by 45.78% was determined by the variables at the level of Community Health Center, therefore, it was highly important. The workplace was very influential on the performance of midwives.

This was in line with a study by Ae and Sook (2016) which stated that performance was strongly affected by the workplace, the study was conducted on the nurses performance in the hemodialysis unit.

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