Linear Regression Analysis on Factors Affecting Health Surveillance Personnel Performance in Early Detection of Preeclampsia in Semarang, Central Java

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ABSTRACT

Background: Preeclampsia is a major cause of maternal death both globally and regionally. It can be prevented either through continuous surveillance and early detection activities. City Health Office in Semarang recruited health surveillance officers as an effort to reduce maternal mortality especially due to preeclampsia. The purpose of this study was to analyze factors associated with health surveillance personnel performance in the early detection of preeclampsia.

Subjects and Method: This was an analytic observational study with a cross sectional design. The study was conducted in 26 community health centers in Semarang, from October to December 2018. A sample 148 health surveillance personnels was selected by exhaustive sampling. The dependent variable was health surveillance personnels performance. The independent variables were age, work motivation, work stress, job satisfaction, leadership style, and supervision. The data were collected by questionnaire and analyzed by a multiple linear regression.

Results: Health surveillance personnel's performance in early detection of preeclampsia was positively associated with strong work motivation (b= 0.12; 95% CI= 0.07 to 0.16; p<0.001), low work stress (b= 0.08; 95% CI= -0.01 to 0.15; p= 0.058), work satisfaction (b= 0.10; 95% CI= 0.05 to 0.15; p<0.001), leadership style (b= 0.23; 95% CI= 0.10 to 0.37; p= 0.001), and good supervision (b= 0.31; 95% CI= 0.18 to 0.45; p<0.001). Health surveillance personnel's performance was negatively associated with older age (b= -0.08; 95% CI= -0.16 to 0.01; p= 0.050). **Conclusions:** Health surveillance personnel performance in early detection of preeclampsia is positively associated with strong work motivation, low work stress, work satisfaction, leadership style, and good supervision. Performance is negatively associated with older age.

Keywords: early detection, preeclampsia, performance, health surveillance personnel

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BACKGROUND

Preeclampsia is one of the direct causes of maternal mortality, especially in low and middle income countries (Say et al., 2014; Pasha et al., 2018; Saleem et al., 2014). Preeclampsia is a specific syndrome that occurs after 20 weeks' gestation characterized by the presence of hypertension, proteinuria, and other maternal organ dysfunctions (Bro Schmidt et al., 2017; Jeyabalan, 2013; Mol et al., 2016). If preeclamp-

sia is not treated properly, it can lead to complications in both the mother and fetus (Bokslag et al., 2016; Jim and Karumanchi, 2017).

Globally, the prevalence of preeclampsia reaches 0.2–9.2% and causes 76,000 maternal deaths annually (Umesawa and Kobashi, 2016; USAID, 2017). In Indonesia, the causes of maternal deaths due to hypertension in pregnancy including preeclampsia continued to increase, from 21.5% in

2010 to 27.1% in 2013 (Pusdatin Ministry of Health, 2014).

Hypertension in pregnancy is the first cause of maternal death in Central Java in 2017 with a percentage of 32.97%. Semarang was in the fourth place with 23 cases of maternal deaths in which the highest obstetric causes of maternal mortality were caused by preeclampsia / eclampsia, which amounted to 21.74% (Central Java Health Office, 2018; Semarang City Health Office, 2018).

Before complications from preeclampsia occur, prevention can be done, one of them is continuous surveillance and early detection, which is the main support of the management of preeclampsia. The implementation of early detection of appropriate preeclampsia can produce great benefits for both the mother and the fetus (Von Dadelszen and Magee, 2016; Mol et al., 2016; Domingo et al., 2017).

One of the efforts made by the Semarang City Health Office in order to reduce cases of maternal mortality, especially as a result of preeclampsia, is to recruit surveillance officers for maternal and child health. The main tasks of health surveillance officers include data collection and assistance for pregnant women both normal and high risk, including the early detection of preeclampsia (Semarang City Health Office, 2017; Semarang City Health Office 2018).

Human resources are one of the factors that influence health services. Through good quality human resources can increase the coverage of existing health services. One of the qualities of human resources can be measured through performance (Mosadeghrad, 2014; WHO, 2015; Scheffler et al., 2016). Data from the Semarang City Health Office (2018) on data collection for 2017 pregnant women including the early detection of preeclampsia shows that the implementation has not been optimal, as

evidenced by the presence of health surveillance officers who have not reached the set targets.

Performance can be influenced by individual characteristics, such as job satisfaction, work stress, and work motivation. Individual characteristics are important because they can influence the way a person behaves in the workplace. In addition to individual characteristics, a leader's leadership style can also influence a person's performance so that he can achieve established organizational goals (Colquitt et al., 2011). In addition to these factors, a person's performance can also be influenced by age and supervision from superiors (Bertolino et al., 2013; Madede et al., 2017).

The purpose of this study was to analyze factors associated with performance of health surveillance personnel in the early detection of preeclampsia.

SUBJECTS AND METHOD

1. Study design

This was an analytic observational study with a cross sectional design. The study was conducted in 26 Semarang health centers, from October to December 2018.

2. Population and sample

The target population of this study was health surveillance officers. The source population of this study was the maternal and child health surveillance personnels in 26 Semarang community health centers. A sample 148 health surveillance personnels was selected by exhaustive sampling.

3. Study variables

The dependent variable was health surveillance personnels performance. The independent variables were work motivation, work stress, job satisfaction, age, leadership style, and supervision.

4. Operational definition of variables

Surveillance personnel's performance in the early detection of preeclampsia was defined as work achievement in conducting early detection of preeclampsia in accordance with their authority and responsibility in achieving the goals set by the Semarang Health Office. The measurement scale was continuous and transformed into dichotomous, coded o for poor (score <13) and 1 for good (score ≥13).

Work motivation was defined as a desire from within a health surveillance officer that can generate enthusiasm or encouragement in work especially in the early detection of preeclampsia. The measurement scale was continuous and transformed into dichotomous, coded o for low (score <22) and 1 for high (score ≥22).

Stress because of job was defined as a psychological response to demands that exceed the capacity or resources of the health surveillance officer both physically and psychologically. The measurement scale was continuous and transformed into dichotomous, coded o for high (score <15) and 1 for low (score ≥15).

Job satisfaction was defined as a positive feeling produced by a health surveillance officer from an assessment or experience regarding various job characteristics. The measurement scale continuous and transformed into dichotomous, coded o for low (score <21) and 1 for high (score ≥21).

Age was defined as the length of life of a health surveillance officer from birth. The measurement scale was continuous and transformed into dichotomous, coded o for <25 years and 1 for ≥25 years.

Leadership style was defined as the result of the interpretation of the behavior patterns shown by the coordinating midwife in influencing the health surveillance officer to achieve the goal. The measurement scale was continuous and transformed into dichotomous, coded o for transactional leadership style (score <6) and 1 for transformational leadership style (score ≥ 6).

Supervision of coordinator midwives was defined as the process of coordinating midwives in periodically directing and supporting health surveillance officers so that work can be carried out effectively. The measurement scale was continuous and transformed into dichotomous, coded o for weak supervision (score <7) and 1 for strong supervision (score \ge 7).

5. Study instrument

The data were collected by questionnaire. The validity test was done with content validity and face validity. The reliability testing in this study was conducted on 20 maternal and child health surveillance personnels by calculating total item correlation (\geq 0.20) and Cronbach's alpha (\geq 0.70).

6. Data Analysis

Univariate analysis was described in frequency and percentage. Bivariate analysis was performed by Pearson correlation test. Multivariate analysis was conducted by a multiple linear regression to examine the effects of work motivation, work stress, job satisfaction, age, leadership style, and supervision on health surveillance personnel's performance in early detection of preeclampsia.

7. Research Ethics

The research ethics including informed consent, anonymity, confidentiality), and ethical clearance. The ethical clearance was obtained from Research Ethics Committee, Universitas Sebelas Maret, Surakarta, Central Java, with number: 296/UN27.6/KEPK/2018.

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RESULTS					
1. Univariate Analysis					
Table 1. Sample characteristics					
Characteristics	n	%			
Marital Status					
Married	45	30.4			
Single	103	69.6			
Tenure					
< 2 years	73	49.3			
≥ 2 years	75	50.7			
The distance from					
residence					
< 5 km	79	53.4			
≥ 5 km	69	46.6			
Working motivation					
Low	72	48.6			
High	76	51.4			
Work stress					
Low	94	63.5			
High	54	36.5			
Working Satisfaction					
Low	60	40.5			
High	88	59.5			
Age					
<25 years	73	49.3			
≥25 years	75	50.7			
Leadership style					
Transactional	97	65.5			
Transformational	51	34.5			
Supervision					

Table 1 showed sample characteristics. Table 1 showed that most of sample were single (69.6%), tenure ≥ 2 years (50.7%), and the distance from home to workplace < 5 km (53.4%).

64

84

39

109

43.2

56.8

26.4

73.6

Not Intens

Performance

Intens

Low

High

As many as 51.4% sample had high motivation, low work stress (63.5%), high job satisfaction (59.5%), age ≥ 25 years (50.7%), transactional leadership style (65.5%), intense supervision (56.8%), and high performance (73.6%).

2. Bivariate Analysis

Table 2. The result of bivariate analysis

Independent Variables	r	p
Work Motivation	0.51	<0.001
Work Stress	-0.03	0.678
Job Satisfaction	0.37	<0.001
Age	-0.16	0.060
Supervision	0.31	<0.001
Leadership	0.44	<0.001

Table 2 showed the result of bivariate analysis. Table 2 showed that health surveillance personnel's was positively associated with work motivation (r=0.51; p<0.001), job satisfaction (r=0.37; p<0.001), leadership style (r=0.31; p<0.001), and supervision (r=0.44; p<0.001). Health surveillance personnel's performance was negatively associated with age (r=-0.16; p=0.060).

3. Multivariate Analysis

Table 3 showed the results of a multiple linear regression analysis. Table 3 showed that health surveillance personnel's performance was positively associated with work motivation, work stress, job satisfaction, leadership style, and supervision. Health surveillance personnel's performance was negatively associated with age.

There was a positive effect of work motivation on the performance of health surveillance personnels in early detection of preeclampsia. An increase of work motivation would increase the performance of the health surveillance personnels by 0.12 units (b= 0.12; 95% CI= 0.07 to 0.16; p<0.001).

There was a positive effect of work stress on the performance of health surveillance personnels in early detection of preeclampsia. An increase of work stress would increase the performance of the health surveillance personnels by 0.08 units (b= 0.08; 95% CI= -0.01 to 0.15; p= 0.058).

There was a positive effect of job satisfaction on the performance of health surveillance personnels in early detection of preeclampsia. An increase of job satisfaction would increase the performance of the health surveillance personnels by 0.10 units (b= 0.10; 95% CI= 0.05 to 0.15; p<0.001).

There was a negative effect of age on the performance of health surveillance personnels in early detection of preeclampsia. An increase of age would decrease the performance of health surveillance personnels by 0.08 units (b=-0.08; 95% CI=-0.16 to 0.01; p= 0.050).

There was an effect of leadership style on the performance of health surveillance personnels in early detection of preeclampsia. An increase of leadership style would increase the performance of health surveillance personnels by 0.23 units (b= 0.23; 95% CI= 0.10 to 0.37; p= 0.001).

There was a positive effect of supervision on the performance of health surveillance personnels in early detection of preeclampsia. An increase of supervision would increase the performance of health surveillance personnels by 0.31 units (b= 0.31; 95% CI= 0.18 to 0.45; p<0.001).

Table 3. The results of a multiple linear regression

Variables	b -	95% CI		
		Lower	Upper	p
Work Motivation	0.12	0.07	0.16	<0.001
Work Stress	0.08	-0.01	0.15	0.058
Job Satisfaction	0.10	0.05	0.15	< 0.001
Age	-0.08	-0.16	0.01	0.050
Perceptions of the leadership style of coordinating	0.23	0.10	0.37	0.001
midwife	0.31	0.18	0.45	< 0.001
Supervision of coordinating midwife				
N observed = 148				
Adjusted R Square = 0.45				

DISCUSSION

1. The effect of work motivation on the performance of health surveillance personnels

The result of this study showed that there was a positive effect of work motivation on the performance of health surveillance personnels in early detection of preeclampsia. The result of this study was in line with previous studies which stated that there was an effect of work motivation on the performance of employees in doing their job (Kok et al., 2015; Yousaf et al., 2015).

Adjei et al. (2016) mentioned that work motivation affected the performance. Employees who have motivation can be physiologically stable, psychologically balanced and perform their duties effectively with the attention needed, so as to improve their performance.

The ability of the health system to provide quality health services depend on the availability of motivated health personnels. The motivation of the work of health personnel was the key to the accessibility of good health services, especially for rural communities, where most of the indicators were still lacking (WHO, 2014; Mutale et al., 2013).

2. The effect of work stress on the performance of health surveillance personnels

The result of this study showed that there was a positive effect of work stress on the performance of health surveillance personnels in the early detection of preeclampsia.

The result of this study was in line with a study by Ahmad et al. (2018) which stated that there was a relationship between work stress and the performance.

A study by Zafar et al. (2015) stated that stress on employees can improve the performance. Stress related to work can have a positive or negative impact on employee's performance. Eustress (positive stress) was needed to improve employee's performance. Certain levels of stress possessed by employees could improve their efficiency and effectiveness. Conversely, if the stress level was too high, it could have a negative impact on employee's performance such as a decrease in productivity and worsen the quality of work.

3. The effect of job satisfaction on the performance of health surveillance personnels

The result of this study showed that there was a positive effect of job satisfaction on the performance of health surveillance personnels in the early detection of preeclampsia. The result of this study was in line with a study by Bowling et al. (2013) which stated that there was a relationship between job satisfaction and the performance which was statistically significant.

Job satisfaction was an important determinant associated with the quality of life of health personnels. Quality of life related to health mean that health personnels with job satisfaction would have better physical and mental health. In addition, job satisfaction could also affect the performance and productivity so that it influenced the health services provided to the clients. Therefore, it was important for health service managers to increase the work satisfaction of health personnels (Ioannou et al., 2015; Faragher et al., 2013; Nadinloyi et al., 2013; Li et al. 2014).

4. The effect of age on the performance of health surveillance personnels

The result of this study showed that there was a negative effect of age on the performance of health surveillance personnels in the early detection of preeclampsia.

The result of this study was in line with a study by Letvak et al. (2013) which stated that there were significant differences between young nurses and old nurses in health related to productivity. This study showed that older nurses were often associated with health problems than younger nurses, and these health problems lead to a decrease in productivity and performance. Older nurses have higher pain levels, higher body mass index, and more health problems. In addition, according to Beratha et al. (2013), age factors could affect someone's physical and psychological strength, because at a certain age, an employee would experience changes in work potential.

5. The effect of perception of the leadership style of coordinating midwife on the performance of health surveillance personnels

The result of this study showed that there was an effect of leadership style on the performance of health surveillance personnels in the early detection of preeclampsia.

The result of this study was in accordance with a study by Schwarz (2017) which stated that leadership style, especially transformational style has a positive effect on employee's performance. In this study, it showed that the level of higher transformational leadership behavior could improve employee's performance. The results of this study were also in line with a study by Breevaart et al. (2015) which explained that transformational leadership was positively related to employee's performance (b= 0.11; 95% CI= 0.03 to 0.19; p<0.05).

Through the components of transformational leadership style that were shown by leaders to employees (idealized influences; inspirational motivation; intellectual stimulation; and individual consideration) were able to cause psychological health so that it increased the employee's performance (Olu-Abiodun and Abiodun, 2017; Wang et al., 2011; Lin et al., 2015).

6. The effect of supervision on health surveillance personnel performance

There was a positive effect of supervision on the performance of health surveillance personnels in the early detection of pre-eclampsia. The result of this study was in accordance with a study by Doloh et al. (2018) which stated that there was an effect of supervision on employee's performance. Nurses with good supervision were 0.97 times more likely to have good performance than nurses with less supervision.

Quality support and supervision in the health system were needed to improve the performance of health personnels and service effectiveness (Chipukuma et al., 2018; Snowdon et al., 2017). Kok et al. (2017) stated that health personnels needed to feel empowered and got supports through the environment, one of them was supervision. The empirical research showed that many health personnels felt that they were not supported by the parties above, so that it could hamper their motivation and performance. Bosch-Capblanch et al. (2011) recommended that the implementation of higher levels of supervision in the health care system could be applied widely, especially in low and middle income countries.

From the description above, it can be concluded that work motivation, work stress, job satisfaction, leadership style, and supervision associated with performance of health surveillance personnels in the early detection of preeclampsia.

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